

# Pre-Supported Internships

## Who is the course for?

This is a one-year course taught for three days a week, **for young adults with learning difficulties who are ready to concentrate on gaining the skills needed for work.**

Students will be working towards individual outcomes agreed in their Education and Health Care Plan (EHCP). All students, will also continue to improve their English and Math skills and will work towards qualifications where appropriate.

## About the programme

The Pre-Supported Internship curriculum will equip students with a range of work-related skills.

The programme includes:

- Social skills and personal presentation for the workplace
- Travel training and personal safety
- Careers and job information
- Work rotation with large employees in a variety of sectors including care, catering, administration, horticulture, retail and warehousing
- Communication and IT skills for work
- Money, time, and number skills for work



## Course requirements

There are no formal entry qualifications but students must be:

- Keen to progress into work
- Willing to accept new challenges
- Committed to excellent attendance and timekeeping

## Where will it take place?

The Pre-Supported Internship programme is **based across our Centres, and some learning activities will take place offsite or at a different Centre to the one students usually attend**. Travel training will be provided so that by the end of the Pre-Supported Internship, students are able to travel one familiar route independently.

## Progression

**Pre-Supported Internships**

### **A Supported Internship**

*A year of work-based learning, leading to improved outcomes for paid work*

### **Paid or Voluntary Work**

### **Other training opportunities**

Some of the amazing employers we partner with, include:



## Contact

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[bit.ly/cobc-supported-internship](https://bit.ly/cobc-supported-internship)