ESOL – Personal Development (PD)
Scheme of Work 26/27

Term 1 - Belonging

Week	W/C	Mandatory Topics	Topic	Intended Outcomes	Work Ready Tracker	Skills I will develop from this session	National Awareness Days/Weeks/Months
1	**Big Hello Week** **7 Sept**	☆	**Introduction to PD** › Why we do PD Tutorials › Attendance › How PD links to your course › Ice breakers activities	› To recognise the purpose and importance of PD tutorials › To ensure my attendance at PD tutorials remains above 90% › To recognise how PD links with your course		› Listening › Aiming High › Teamwork › Problem Solving › Speaking	**World Suicide Prevention Day – 10 September**
2	**14 Sept**	☆	**Introduction to COBC 1** › Classroom expectations › Student details & timetables › Key college information & facilities	› To recognise the college expectations regarding classroom rules › To gain information on key college facilities › To understand your college timetable		› Listening › Speaking › Staying Positive	**International Day of Democracy – 15 September**
3	**21 Sept**	☆	**Introduction to COBC 2** › Support in college › Teams › Grofar	› To develop knowledge of key college systems such as MS Teams › To raise awareness of key college support networks › To apply for a bus pass, free college meals, and other relevant support		› Speaking › Staying Positive › Listening	**World Alzheimer's Day – 21 September**
4	**28 Sept**	☆	**PREVENT & British Values** › What is PREVENT › Introduction to BV	› To recognise the idea of PREVENT (keeping people safe from harm and extremism) › To recognise key British Values › To develop knowledge about safety, respect, and living together in the UK		› Listening › Speaking	
5	**5 Oct**	☆	**Safeguarding - Personal Safety & Digital Safety** › Online › In my community › In college › Critical incident	› To develop knowledge on personal & digital safety in different situations: online, in the community, in college and in a critical incident › To recognise basic risks and how to stay safe in each setting › To recognise the importance of keeping safe and asking for help		› Listening › Speaking	**Black History Month** **National Hate Crime Awareness Week – 11 October** **World Mental Health Day – 10 October**
6	**12 Oct**		**Black History Month** › History of Bristol – past/present › Celebrating diversity/fighting racism	› To recognise the importance of Black History Month and learn about the history of Bristol past and present › To recognise the value of diversity and different cultures in the community › To develop knowledge on respect and ways to challenge racism		› Listening › Speaking	
7	**19 Oct**	☆	**College of Sanctuary** › What is a College of Sanctuary? › Bristol is a City of Sanctuary	› To identify the meaning and significance of being a College of Sanctuary › To define and explain 'immigrant', 'refugee' and 'asylum seeker' › To feel empowered to act in supporting refugees and asylum seekers within their community		› Listening › Speaking	**World Values Day – 22 October**
			Half Term Break				

ESOL – Personal Development (PD)
Scheme of Work 26/27

Term 2 – Excellence & Your Best Self

Week	W/C	Mandatory Topics	Topic	Intended Outcomes	Work Ready Tracker	Skills I will develop from this session	National Awareness Days/Weeks/Months
8	2 Nov	G	**Healthy Living 1: Mental Health** › Support networks › Useful techniques › "Phone fasting"	› To recognise basic mental health and why it is important for wellbeing › To recognise different support networks such as family, friends, and college staff › To develop knowledge on ways to ask for help and support others		› Listening › Speaking › Staying Positive	**Movember – Men's Health Awareness Month**
9	9 Nov	G	**Healthy Living 2: Physical Health** › Diet › Exercise › Support	› To identify the importance of physical health, including diet and exercise › To recognise simple ways to stay healthy through food choices and activity › To Identify support available to help maintain a healthy lifestyle		› Listening › Speaking › Staying Positive	**Armistice Day – 11th November** **World Kindness Day – 13th November**
10	16 Nov	G	**Healthy Living 3: Making Positive Choices** › Bad Habits › Drugs & Alcohol › Vaping/Smoking	› To recognise how habits, drugs, alcohol, and vaping/smoking can affect health › To identify the difference between positive and negative lifestyle choices › To develop simple strategies to make healthier choices and avoid harmful behaviours		› Listening › Speaking › Staying Positive › Aiming High	
11	23 Nov	☆	**Healthy Relationships 1** › Romantic/friendships/family - healthy and unhealthy /difference in UK to elsewhere › FGM/arranged marriage › Where to ask for help	› To recognise difference between healthy and unhealthy relationships in various contexts › To identify sensitive topics such as FGM (Female Genital Mutilation) and arranged marriages › To recognise where to seek help and support		› Listening › Speaking	
12	30 Nov	☆	**Equality, Diversity, Equity & Inclusion** › Valuing & celebrating difference ***Revisit 1: PREVENT & British Values***	› To recognise the meaning of equality, equity, diversity, and inclusion › To identify the importance of valuing and celebrating differences › To recognise the importance about treating others fairly and with respect		› Listening › Speaking	**International Day of People with Disabilities – 3rd December** **International Volunteer Day – 5th December**
13	7 Dec	☆	**Social Awareness** › CSE › Knife Crime › County Lines	› To develop knowledge on Child Sexual Exploitation (CSE), knife crime, and County Lines › To recognise warning signs and how to stay safe in different situations › Identify ways to seek help and support for yourself or others			**Human Rights Day – 10th December**
14	17 Dec	G	**Stop the Tracks Week**	› Specific time allocated to you to engage in a pastoral 1-1 & at least 3 activities relevant to personal development see timetable guidance provided at the time to book on.		› Listening › Speaking › Problem Solving › Creativity › Teamwork	**International Migrants Day - 18th December**
Winter Break							

ESOL – Personal Development (PD)
Scheme of Work 26/27

Term 3 – Opportunities & Networking

Week	W/C	Mandatory Topics	Topic	Intended Outcomes	Work Ready Tracker	Skills I will develop from this session	National Awareness Days/Weeks/Months
15	4 Jan		**Healthy Relationships 2: Sexual Health** › Consent › Misinformation/Disinformation ***Revisit 2: Digital safety***	› To develop knowledge around consent and its importance in healthy, respectful relationships › To recognise misinformation and disinformation and how it can affect understanding of sexual health › To develop confidence to question information and make informed, safe choices		› Listening › Speaking	**Veganuary** **BRIT Challenge 2027**
16	11 Jan		**Digital Literacy for Employability & Personal Development**	› To develop digital skills for employability and everyday life, including email and online communication › To recognise how to use technology safely, responsibly, and professionally › To develop confidence using digital tools for learning, job searching, and personal development		› Listening › Speaking	**World Religion Day - 17th January**
17	18 Jan		**Employability Skills & Behaviours** › Developing transferable skills ***Revisit 3: Safeguarding***	› To identify key employability behaviours such as punctuality, reliability, and professionalism › To recognise the importance of communication, teamwork, and a positive attitude in the workplace › To develop knowledge on how to improve behaviours that support success in employment		› Listening › Speaking › Aiming High	
18	25 Jan		**Work Experience & Part time Jobs** › Looking for part time work › Laws around working › Right to work	› To recognise how to search and apply for part-time work opportunities › To develop knowledge on basic employment laws, including rights, hours, and pay for young workers › To recognise how work experience builds skills and supports future employment		› Listening › Speaking › Aiming High › Staying Positive	**International Day of Education - 26th January**
19	1 Feb		**Creating CV's** › The importance of a CV › Creating a CV › Digital CV with Grofar	› To identify the importance of a CV in applying for jobs and opportunities › To develop skills to create a clear and effective CV highlighting strengths and experience › To recognise the importance of Grofar to build and manage a professional CV		› Listening › Speaking › Aiming High	**LGBT History Month**
20	8 Feb		**Interview Skills** › Mock interview › Interview case study scenarios ***Revisit 4: Healthy Relationships*** › Pick up Sessions & 1:1's	› To identify key interview skills, including communication, preparation, and professionalism › To develop confidence through mock interviews and practice scenarios › To reflect on performance using case study scenarios to improve future interview success		› Listening › Speaking › Staying Positive › Aiming High	**National Apprenticeship Week**

Half Term Break

ESOL – Personal Development (PD)
Scheme of Work 26/27

Term 4 – Destination

Week	W/C	Mandatory Topics	Topic	Intended Outcomes	Work Ready Tracker	Skills I will develop from this session	National Awareness Days/Weeks/Months
21	22 Feb	G	**Career Goals & Aspirations** › What's your dream job? How do you get it? › Intro to Career pilot › Skills profile › Explore different jobs in different sectors. › Routes into work – apprenticeships, access courses ***Revisit 5: E, D, E & I***	› To reflect on their career aspirations and recognise the steps needed to achieve them › To identify existing skills, strengths and areas for development › To develop knowledge of different jobs and sectors to highlight career opportunities		› Listening › Speaking › Aiming High › Staying Positive	
22	1 March	G	**Progression Routes: #Where Next?** › How to progress onto GCSE › Finding out about other college courses › Progression options 19+ › ESOL progression route from PE/E1 to E3/L1	› To recognise the steps and requirements for progressing onto GCSE courses › To identify alternative college courses beyond GCSEs to suit interests and career goals › To identify progression options available for individuals		› Listening › Speaking › Aiming High › Staying Positive	**International Women's Day - 8th March**
23	8 March	G	**Apprenticeships & University** › What are apprenticeships? › Different routes into employment › How do universities work in UK? › Funding	› To identify the concept of apprenticeships and the different routes into employment › To recognise how universities operate in the UK, including the application process and academic requirements › To identify financial aspects of further education		› Listening › Speaking › Aiming High › Staying Positive	
24	14 March	Social Action G	**Social Awareness: Making Positive Choics** › Candobristol.co.uk › Benefits of volunteering › NCS resource › Volunteering in the community	› To develop knowledge on how apply for volunteering opportunities in the local community › To raise awareness of resources and support available › To recognise the benefits of volunteering for both personal development and community impact		› Listening › Speaking › Aiming High	**Young Carers Action Day - 16th March** **International Day of Happiness - 20th March**
25	22 March	G	**Stop the Tracks Week**	› Specific time allocated to you to engage in a pastoral 1-1 & at least 3 activities relevant to personal development- see timetable guidance provided at the time to book on.		› Listening › Speaking › Problem Solving › Creativity › Teamwork	
Half term Break							

ESOL – Personal Development (PD)
Scheme of Work 26/27

Term 5 - Beyond

Week	W/C	Mandatory Topics	Topic	Intended Outcomes	Work Ready Tracker	Skills I will develop from this session	National Awareness Days/Weeks/Months
26	12 April		**Religious Celebrations** › How and why do people celebrate?	› To recognise different religious celebrations, including their significance, customs, and traditions › To identify how and why people celebrate religious holidays › To demonstrate cultural exchange, sharing insights and experiences of religious celebrations from diverse cultural and religious backgrounds		› Listening › Speaking	
27	19 April		**Financial Education 1: Personal Finance** › Bank accounts (different types of cards) › Banking safely and securely › Financial Exploitation › Financial support available › ***Scenarios/Case Studies***	› To Identify different bank accounts and card types, and how to use them safely › To recognise risks linked to financial exploitation and how to protect personal information › To identify sources of financial support and where to get help or advice when needed		› Listening › Speaking	**Earth Day – 22nd April** **National Stephen Lawrence Day – 22nd April**
28	26 April		**Financial Education 2: Employability** › Tax › National Insurance › Understanding your Payslip › ***Scenarios/Case Studies***	› To develop knowledge on tax and National Insurance and how they affect earnings in employment › To develop knowledge of how to read and interpret a payslip › To recognise how deductions impact take-home pay and financial planning		› Listening › Speaking	**Local & Community History Month**
29	3 May		**Financial Education 3: Budgeting** › Mock budgeting activity › Financial planning for the future	› To recognise the importance of budgeting and financial planning for the future › To develop budgeting skills through a mock activity involving income, spending, and saving › To develop confidence in making realistic financial decisions and managing money responsibly		› Listening › Speaking › Problem Solving	
30	10 May		**Global Citizenship & SDG's** › What is a global citizen? › Globalisation, interdependence, social justice, equity, identity and diversity › SDGs (education, health, climate, hunger, poverty)	› To recognise Sustainable Development Goals (SDGs) and the importance in addressing global challenges › To be inspired to become active global citizen to make a positive social change › To recognise the concept of global citizenship and its core principles		› Listening › Speaking	
31	17 May		**Youth Social Action 1** › What is YSA? › Ideas for YSA activities	› To identify what Youth Social Action is and how it supports community involvement › To explore different ideas for Youth Social Action activities that make a positive impact › To develop initial plans for possible YSA activates		› Listening › Speaking › Aiming High › Staying Positive	**World Day for Cultural Diversity Dialogue & Development – 21st May**
32	24 May		**Youth Social Action 2** › YSA Activity ***Revisit 6: Financial Education***	› To plan and take part in a Youth Social Action activity that supports the community › To develop teamwork and communication skills to deliver a shared activity › To reflect on the impact of the activity and what has been learned		› Listening › Speaking › Aiming High › Staying Positive › Teamwork	

Half term Break

ESOL – Personal Development (PD)
Scheme of Work 26/27

Term 6 – Beyond

Week	W/C	Mandatory Topics	Topic	Intended Outcomes	Work Ready Tracker	Skills I will develop from this session	National Awareness Days/Weeks/Months
33	7 June		**Things to do in the Summer** › Volunteering › Free activities/sports /courses › Jobs / entrepreneurship › Trips ***Revisit 7: End of Year PD Topic Revsit***	› To develop knowledge of opportunities available during the summer, including volunteering, free activities/courses, jobs and trips › To recognise the benefits of actively engaging in summer activities to enhance skills, knowledge, and experiences › To develop planning and organisational skills to make the most of the summer break		› Listening › Speaking › Aiming High	**Pride Month** **World Environment Day - 5th June**
34	14 June	G	**Competition Week**	› To develop teamwork, collaboration, and communication skills through competitive activities › To demonstrate problem-solving and creative thinking under time or task constraints › To reflect on personal performance and set goals for improvement		› Listening › Speaking › Teamwork › Aiming High	**World Refugee Day - 20th June**
35	21 June	G	**Final Round Up Session/1:1's/trips** **Stop the Tracks Week**	› Specific time allocated to you to engage in a pastoral 1-1 & at least 3 activities relevant to personal development- see timetable guidance provided at the time to book on.		› Listening › Speaking › Problem Solving › Creativity › Teamwork	

Areas of PD	Careers	Employer Encounter	Youth Social Action	Enrichment	World Awareness	Health & Wellbeing	Work Experience
Token Colour							



KEY:

- Mandatory Topics
- Log on Grofar
- Youth Social Action Project
- College Wide Digital Badge