Entry 3 (E3) – Personal Development (PD)
Scheme of Work 26/27

Term 1 - Belonging

Week	W/C	Mandatory Topics	Topic	Intended Outcomes	Work Ready Tracker	Skills I will develop from this session	National Awareness Days/Weeks/Months
1	**Big Hello Week** **7 Sept**	☆	**Introduction to PD** › Why we do PD Tutorials › Attendance › How PD links to your course › Ice breakers activities	› To recognise the purpose of PD tutorials and being a COBC student › To ensure my attendance at PD tutorials remains above 90% › To recognise how PD links with your course		› Listening › Aiming High › Teamwork › Problem Solving › Staying Positive	**World Suicide Prevention Day – 10 September**
2	**14 Sept**	☆	**Welcome to COBC** › Expectation of being a COBC student › Useful college information - Bus passes, ID cards › Expected behaviours around college › COBC college facilities	› To enhance knowledge of key college information and resources › To demonstrate COBC expectations around behaviour › To identify key college staff and support network		› Listening › Aiming High	**International Day of Democracy – 15 September**
3	**21 Sept**		**My Identity** › Who am I? › My impact › The importance of making the right choice › Goal setting	› To enhance self-understanding › To recognise the impact of positive choices › To identify key personal › To develop an action plan › To identify specific challenges/barriers		› Aiming High › Staying Positive	**World Alzheimer's Day – 21 September**
4	**28 Sept**	☆	**PREVENT & British Values** › What is Prevent? CSE › What are British Values? › ***Create a display***	› To identify current knowledge on BV & Prevent › To raise awareness of risks and responsibilities › To develop one's own critical thinking, resilience and respectful dialogue		› Listening › Speaking › Creativity	
5	**5 Oct**	☆	**Safeguarding - Personal Safety** › Online - AI/Deep fakes › Misinformation › In my community › In college	› To recognise safe online practices › To create an awareness of personal safety and how to apply personal safety measures › To identify college safety policies and resources		› Listening › Speaking	**Black History Month** **National Hate Crime Awareness Week – 11 October** **World Mental Health Day – 10 October**
6	**12 Oct**	☆	**Social Awareness** › CSE › Gang Culture › County Lines › Money Mule	› To identify what CSE is and how to recognise the signs › To recognise the risks and consequences associated with becoming a money mule › To develop skills to recognise the dangers associated with county lines		› Listening › Speaking	
7	**19 Oct**	☆	**Equality, Diversity, Equity & Inclusion** › What is EDEI? › College of Sanctuary › Black history month › Understanding Migration ***Revisit 1: PREVENT & British Values***	› To recognise the principles of equality and equity › To identify the importance of diversity › To demonstrate the importance of inclusive behaviour		› Listening › Speaking	**World Values Day – 22 October**
			Half Term Break				

Entry 3 (E3) – Personal Development (PD)
Scheme of Work 26/27

Term 2 – Excellence & Your Best Self

Week	W/C	Mandatory Topics	Topic	Intended Outcomes	Work Ready Tracker	Skills I will develop from this session	National Awareness Days/Weeks/Months
8	2 Nov		**Healthy Relationships 1** › Friendships › Family	› To raise awareness of the importance of healthy relationships › To identify support and tools for healthy relationships › To develop healthy behaviours, attitudes and boundaries		› Listening › Speaking	**Movember – Men's Health Awareness Month**
9	9 Nov		**Healthy Relationships 2** › Sexual Health Awareness › Pornography/Deep fakes- Real Vs Fake › Yuno Sexual health Support	› To develop knowledge and awareness of sexual health › To recognise the importance of consent › To identify where to access sexual health information and support services		› Listening › Speaking	**Armistice Day – 11th November** **World Kindness Day – 13th November**
10	16 Nov		**Well-being 1** › Mental Health › Mental Health Charities	› Recognise common mental health challenges and their impact › Identify strategies to support positive mental health and emotional well-being › Demonstrate ways to seek help or support for themselves or others		› Listening › Speaking › Staying Positive	
11	23 Nov		**Well-being 2** › Physical Health	› To recognise the key components of physical health, including nutrition, exercise, and sleep › To identify habits and lifestyle choices that promote long-term physical well-being › To develop a personal plan to maintain or improve physical health		› Listening › Stay Positive › Speaking	
12	30 Nov		**Financial Education** › Financial Exploitation & Money Management	› To recognise signs of financial exploitation and risky financial situations › To identify strategies for safe money management and protecting personal finances › To develop practical skills to make informed financial decisions and manage money responsibly		› Listening › Speaking › Aiming High	**International Day of People with Disabilities – 3rd December** **International Volunteer Day – 5th December**
13	7 Dec		**Get Active Week** › Practical session exploring different physical activities	› To identify the importance of physical activity › To develop personal fitness goals › To explore different types of activities		› Teamwork › Stay Positive › Aiming High	**Human Rights Day – 10th December**
14	14 Dec		**Competition Week** **Stop the Tracks**	› To develop teamwork, collaboration, and communication skills through competitive activities › To demonstrate problem-solving and creative thinking under time or task constraints › To reflect on personal performance and set goals for improvement		› Creativity › Problem Solving › Teamwork › Leadership	**International Migrants Day - 18th December**
			Winter Break				

Entry 3 (E3) – Personal Development (PD)
Scheme of Work 26/27

Term 3 – Opportunities & Networking

Week	W/C	Mandatory Topics	Topic	Intended Outcomes	Work Ready Tracker	Skills I will develop from this session	National Awareness Days/Weeks/Months
15	4 Jan		**Employability Skills & Behaviours 1** › Introduction to skills and behaviour for employment › National Careers Service/Careers team ***Revisit 2: Financial Education***	› To identify key employability skills › To develop key professional workplace behaviours › To identify routes to achieve career goals		› Listening › Speaking › Aiming High	**Veganuary** **BRIT Challenge 2027**
16	11 Jan		**Employability Skills & Behaviours 2** › 5-year mood board – Career plan › Careers team	› To implement your project around Employability skills and behaviours › To reflect on the impact of the project on your own personal development		› Creativity › Aiming High	**World Religion Day - 17th January**
17	18 Jan		**Applying for Work**	› To identify key steps in the job application process › To increase confidence in completing an application form › To demonstrate effective interview and self-presentation skills		› Listening › Speaking › Aiming High › Creativity	
18	25 Jan		**Personal Branding** › LinkedIn › Grofar › Digital CV ***Revisit 3: Safeguarding***	› To recognise what personal branding is and why it matters for employability › To create or update a professional profile on LinkedIn or Grofar › To develop a digital CV that presents their skills and experience effectively		› Listening › Speaking › Aiming High › Creativity	**International Day of Education - 26th January**
19	1 Feb		**Introduction to Apprenticeships** › What are Apprenticeships?	› To increase knowledge on apprenticeships › To raise awareness of the skills needed for an apprenticeship › To identify current apprenticeship opportunities		› Listening › Speaking › Aiming High	**LGBT History Month**
20	8 Feb		**Digital Literacy for Employability**	› To develop digital skills for employability, including using email and online job tools › To recognise how to stay safe online and protect personal information › To develop confidence using technology responsibly for learning, work, and everyday life		› Listening › Speaking	**National Apprenticeship Week**
			Half Term Break				

Entry 3 (E3) – Personal Development (PD)
Scheme of Work 26/27

Term 4 – Destination

Week	W/C	Mandatory Topics	Topic	Intended Outcomes	Work Ready Tracker	Skills I will develop from this session	National Awareness Days/Weeks/Months
21	22 Feb		**Challenges & Barriers to Success** › Reflect › Prepare › Achieve ***Revisit 4: Healthy***	› To identify any challenges/barriers to success › To develop strategies to overcome challenges/barriers › To identify how to develop resilience and persistence		› Staying Positive › Problem Solving	
22	1 Mar		**Aspirations: My Where Next?**	› To identify personal aspirations, goals, and career interests › To explore next steps and pathways after college › To revisit personal action plan to move towards future goals		› Listening › Speaking › Aiming High › Problem Solving	
23	8 Mar		**Organisational Skills** › In the workplace	› To recognise the importance of organisation and time management at work › To identify tools and strategies to stay organised and meet deadlines › To develop skills on prioritising tasks effectively		› Listening › Speaking › Aiming high	**International Women's Day - 8th March**
24	14 Mar		**Social Awareness: Making Positive Choices** › Drugs › Alcohol › Friendship circles ***Revisit 5: E, D, E & I***	› To recognise the risks of drugs and alcohol to make safer, responsible choices › To recognise peer influence and manage friendship pressures while maintaining personal values › To develop confidence and resilience to make positive choices and seek support when needed.		› Listening › Speaking	**Young Carers Action Day - 16th March** **International Day of Happiness - 20th March**
25	22 Mar		**Stop the Tracks**	› To develop teamwork, collaboration, and communication skills through competitive activities › To demonstrate problem-solving and creative thinking under time or task constraints › To reflect on personal performance and set goals for improvement		› Creativity › Problem Solving › Teamwork › Leadership	

Entry 3 (E3) – Personal Development (PD)
Scheme of Work 26/27

Term 5 - Beyond

Week	W/C	Mandatory Topics	Topic	Intended Outcomes	Work Ready Tracker	Skills I will develop from this session	National Awareness Days/Weeks/Months
26	12 Apr		**How is Maths & English important in your industry?**	› To recognise the importance of Maths and English skills in industry › To identify Maths and English skills applied in specific industries › To explore the impact of Maths and English on career progression		› Listening › Speaking	
27	19 Apr		**Positive Mindset** › Conflict resolution (Case study) › Impact of poor communication ***Revisit 6: Digital Safety***	› To develop skills needed to for a positive mindset › To recognise and develop conflict resolution skills › To identify the impact of poor communication		› Listening › Speaking › Staying Positive › Problem Solving	**Earth Day - 22nd April** **National Stephen Lawrence Day - 22nd April**
28	26 Apr		**Exams 1: Preparing for Exams**	› To develop effective revision techniques › To recognise the importance of a personalised revision plan › To create a personalised revision plan		› Aiming High › Staying Positive	**Local & Community History Month**
29	3 May		**Exams 2: Exam Stress Strategies**	› To recognise the signs and causes of exam related stress › To explore coping strategies › To create a personal Well-being plan		› Aiming High › Staying Positive	
30	10 May		**Enterprise Activity 1** › Presentation around Self Employment › Dragons Den/Apprentice	› To identify the basics of self-employment and enterprise through simple examples › To develop ideas and present a business idea in a group (e.g. Dragons' Den/Apprentice style) › To develop confidence in speaking and sharing ideas with others		› Listening › Speaking › Creativity › Teamwork › Leadership	
31	17 May		**Enterprise Activity 2**	› To develop and improve an enterprise business idea › To develop team working skills to plan and present a final enterprise idea › To reflect on skills used, such as teamwork, communication, and problem-solving.		› Creativity › Problem Solving › Teamwork › Leadership	**World Day for Cultural Diversity Dialogue & Development – 21st May**
32	24 May		**Employer Encounter** › The importance of Maths & English in industry	› To recognise the value of learning from industry experts and real-world experience › To recognise the importance of Maths and English skills in industry › To identify Maths and English skills applied in specific industries › To explore the impact of Maths and English on career progression		› Listening › Speaking	
			Half Term Break				

Entry 3 (E3) – Personal Development (PD)
Scheme of Work 26/27

Term 6 – Beyond

Week	W/C	Mandatory Topics	Topic	Intended Outcomes	Work Ready Tracker	Skills I will develop from this session	National Awareness Days/Weeks/Months
32	7 June	G	**Your Workplace Identity** › Integrity › Emotions › Values › Belonging › Acceptance	› To recognise how integrity, emotions, and values shape workplace identity › To recognise the importance of belonging and acceptance in a positive work environment › To demonstrate respectful and professional behaviours that reflect their personal values		› Listening › Speaking › Aiming High	**Pride Month** **World Environment Day - 5th June**
33	14 June	G	**How to work with others** › UPR › Conflict › Differing opinions ***Revisit 7: End of Year PD Topic Revsit***	› To identify the importance of mutual respect and positive relationships (UPR) in the workplace › To recognise and respond constructively to conflict and differing opinions › To demonstrate teamwork and communication skills to work effectively with others		› Problem Solving › Listening › Speaking › Teamwork	**World Refugee Day - 20th June**
35	21 June	G	**Stop the Tracks Week**	› To develop teamwork, collaboration, and communication skills through competitive activities › To demonstrate problem-solving and creative thinking under time or task constraints › To reflect on personal performance and set goals for improvement		› Creativity › Problem Solving › Teamwork › Leadership	

Areas of PD	Careers	Employer Encounter	Youth Social Action	Enrichment	World Awareness	Health & Wellbeing	Work Experience
Token Colour							



KEY:
- Mandatory Topics
- Log on Grofar
- Youth Social Action Project
- College Wide Digital Badge