Level 3 Y2 - Personal Development (PD)
Scheme of Work 26/27

Term 1 - Belonging

Week	W/C	Mandatory Topics	Topic	Intended Outcomes	Work Ready Tracker	Skills I will develop from this session	National Awareness Days/Weeks/Months
1	**Big Hello Week** **7 Sep**	☆	**Introduction to PD** › Why we do PD Tutorials & why this is so important in Yr2 › Attendance › How PD links to your course › Ice breakers activities	› To recognise the purpose of PD tutorials and being a COBC student › To ensure my attendance at PD tutorials remains above 90% › To recognise how PD links with your course		› Listening › Aiming High › Teamwork › Problem Solving › Staying Positive	**World Suicide Prevention Day – 10 September**
2	**14 Sep**		**Personal Development Review** › SWOT & Personal Targets › Grofar – Importance of a digital CV › Reflection	› •To identify strengths, weaknesses, opportunities and threats to progress › To identify what Grofar is and how to use it › To develop knowledge on the importance of reflection		› Listening › Speaking › Aiming High	**International Day of Democracy – 15 September**
3	**21 Sep**		**Strategic Thinking: A Debate Session (1)** › Student Choice › Everyone's opinion matters	› To develop strategic thinking by forming clear arguments and considering different viewpoints › To inspire students to express and defend their ideas in a structured debate › To enhance decision-making through evaluating evidence and reflecting on outcomes		› Listening › Speaking › Staying Positive	**World Alzheimer's Day – 21 September**
4	**28 Sep**	G	**Personal Statements** › For University › For Work › For Apprenticeships	› To develop skills in effective self-expression in their writing › To gain knowledge of your audience and purpose › To develop skills on how to be authentic and original in your personal statement		› Listening › Speaking › Aiming High	
5	**5 Oct**	☆	**Teach the Teacher: Equality, Diversity, Equity & Inclusion** › How is Equality, Diversity Equity & Inclusion visible in industry? › Student presentation on topic knowledge	› To identify the importance of diversity in industry › To develop inclusive practices › To explore how E, D, E & I effect career opportunities		› Listening › Speaking › Creativity › Teamwork	**Black History Month** **National Hate Crime Awareness Week – 11 October** **World Mental Health Day – 10 October**
6	**12 Oct**	☆	**Teach the Teacher: PREVENT, British Values & College of Sanctuary** › Student presentation on topic knowledge	› To demonstrate current knowledge on BV, Prevent & COS › To fill any gaps in knowledge on BV, Prevent & COS › To develop one's own critical thinking, resilience and respectful dialogue		› Listening › Speaking › Creativity › Teamwork	
7	**19 Oct**	☆	**Teach the Teacher: Safeguarding** › The importance of Safeguarding in industry › Student presentation on topic knowledge	› To identify the concept of safeguarding › To recognise safeguarding risks and vulnerabilities in industry › To identify how to promote a culture of safeguarding within industry		› Listening › Speaking › Creativity › Teamwork	**World Values Day – 22 October**
			Half Term Break				

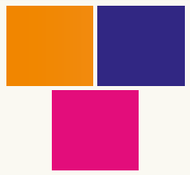
Level 3 Y2 - Personal Development (PD)
Scheme of Work 26/27

Term 2 – Excellence & Your Best Self

Week	W/C	Mandatory Topics	Topic	Intended Outcomes	Work Ready Tracker	Skills I will develop from this session	National Awareness Days/Weeks/Months
8	2 Nov	G	**Well-being: Mental health** › Looking after yourself away from home › Making good choices › Strategy for wellbeing (Scenario) ***Revisit 1: E, D, E & I***	› To recognise mental health and wellbeing and recognise strategies to maintain balance and resilience › To develop skills for looking after yourself independently when away from home › To apply decision-making strategies to real-life scenarios to support positive wellbeing choices		› Listening › Speaking › Problem Solving	**Movember – Men's Health Awareness Month**
9	9 Nov	G	**Well-being: Physical health** › Diet › Lifestyle choices › Exercise › ***Case Studies***	› To increase awareness in the benefits of balanced and nutritious eating habits › To identify the importance and impact of regular exercise › To reflect on how to make healthy lifestyle choices		› Listening › Speaking › Staying Positive	**Armistice Day – 11th November** **World Kindness Day – 13th November**
10	16 Nov		**Presentation Skills** › Case studies (relevant) › Sexual health › Red Flags/Green Flags	› To develop confident and clear communication skills for delivering structured presentations › To recognise techniques such as body language, voice control, and visual aids to engage an audience › To identify how to plan, organise, and evaluate presentations for academic and professional contexts effectively		› Listening › Speaking › Staying Positive	
11	23 Nov		**Preparing for Exams** › How to keep yourself safe › AI – What is real? › Social media – Pitfalls	› To develop effective revision techniques › To recognise the importance of a personalised revision plan › To create a personalised revision plan		› Listening › Speaking › Staying Positive › Aiming High	
12	30 Nov		**Exam Stress Strategies** ***Revisit 2: PREVENT & British Values***	› To recognise the signs and causes of exam related stress › To explore coping strategies › To create a personal Wellbeing plan › To recognise available support networks		› Listening › Speaking › Staying Positive	**International Day of People with Disabilities – 3rd December** **International Volunteer Day – 5th December**
13	7 Dec	☆	**Financial Education: Personal Finance** › Mortgages › ISAs › Bank Accounts › Interest Rates › Financial Exploitation	› To recognise key personal finance topics including mortgages, ISAs, bank accounts, and interest rates › To develop awareness of how financial products work and impact long-term money management › To recognise risks of financial exploitation and how to stay safe when managing personal finances		› Listening › Speaking	**Human Rights Day – 10th December**
14	14 Dec	G	**Stop the Tracks Week**	› Specific time allocated to you to engage in a pastoral 1-1 & at least 3 activities relevant to personal development- see timetable guidance provided at the time to book on.		› Creativity › Problem Solving › Teamwork › Leadership	**International Migrants Day - 18th December**
Winter Break							

Level 3 Y2 - Personal Development (PD)
Scheme of Work 26/27

Term 3 – Opportunities & Networking

Week	W/C	Mandatory Topics	Topic	Intended Outcomes	Work Ready Tracker	Skills I will develop from this session	National Awareness Days/Weeks/Months
15	4 Jan		**Maintaining Motivation & Managing Workload**	› To recognise strategies for maintaining motivation and focus during challenging workloads › To develop effective time management and organisational skills to balance tasks and deadlines › To recognise the importance of resilience and self-discipline to sustain performance and achieve long-term goals		› Listening › Speaking › Staying Positive	**Veganuary** **BRIT Challenge 2027**
16	11 Jan		**Employability Skills & Behaviours** ***Revisit 3: Safeguarding***	› To develop key employability skills › To develop transferable employability skills › To state what professional behaviours are		› Listening › Speaking › Aiming High	**World Religion Day - 17th January**
17	18 Jan		**Financial Education: Student Finance** › Student Loans › Budgeting	› To identify student finance, including loans and repayment responsibilities › To develop awareness of how budgeting helps manage money effectively while studying › To develop skills to plan income and expenses to support financial independence		› Listening › Speaking	
18	25 Jan		**Navigating the Job Market** › LMI research-based task › Part time jobs while studying › Student accommodation	› To recognise how to navigate the job market using labour market information (LMI) research to inform career choices › To recognise the role of part-time work in building experience and supporting studies › To develop knowledge about student accommodation options and how they link to budgeting and independent living		› Listening › Speaking › Aiming High	**International Day of Education - 26th January**
19	1 Feb		**How to Gain Work Experience** › Communication › E-mails › Telephone etiquette	› To recognise the benefits of Work experience › To create opportunities to gain work experience › To revisit and continue to develop key employability skills that will be needed for engaging in work experience		› Listening › Speaking	**LGBT History Month**
20	8 Feb		**Higher Degree Apprenticeship** › What these are › How to apply ***Revisit 4: Financial Education***	› To gain knowledge of Higher degree apprenticeships › To identify the opportunities & entry requirements › To develop application & interview skills		› Listening › Speaking	**National Apprenticeship Week**
Half Term Break							

Level 3 Y2 - Personal Development (PD)
Scheme of Work 26/27

Term 4 - Destination

Week	W/C	Mandatory Topics	Topic	Intended Outcomes	Work Ready Tracker	Skills I will develop from this session	National Awareness Days/Weeks/Months
21	22 Feb		**LinkedIn & Networking** › Making connections › Creating opportunities	› To recognise how to use LinkedIn to build professional connections › To develop networking skills to communicate effectively and form positive relationships › To recognise how networking can create future education, training, and career opportunities		› Listening › Speaking	
22	1 Mar		**Digital Literacy for Employability**	› To recognise how digital skills support employability and workplace success › To identify safe and professional online behaviours › To apply digital tools effectively for job search, applications, and communication		› Listening › Speaking	
23	8 Mar		**Employer Encounter** › Guest speaker from industry	› To gain exposure to real-world perspectives of industry and reflect on your own journey into industry › To Inspire and motivate students › To create networking and relationship building opportunities		› Listening › Speaking › Aiming High	**Young Carers Action Day – 16th March**
24	14 Mar		**Teach the Teacher: Digital Safety** › Student presentation on topic knowledge	› To share knowledge of digital safety by researching and presenting key issues and risks › To develop communication skills through delivering a clear and engaging student presentation › To identify any gaps in knowledge		› Listening › Speaking › Creativity › Teamwork	**Young Carers Action Day – 16th March** **International Day of Happiness - 20th March**
25	22 Mar		**Stop the Tracks Week**	› Specific time allocated to you to engage in a pastoral 1-1 & at least 3 activities relevant to personal development- see timetable guidance provided at the time to book on		› Creativity › Problem Solving › Teamwork › Leadership	

Half term Break

Level 3 Y2 - Personal Development (PD)
Scheme of Work 26/27

Term 5 - Beyond

Week	W/C	Mandatory Topics	Topic	Intended Outcomes	Work Ready Tracker	Skills I will develop from this session	National Awareness Days/Weeks/Months
26	12 April	☆	**Teach the Teacher: Social Awareness** › Knife crime › County lines › CSE › Student presentation on topic knowledge	› To demonstrate current awareness and knowledge of knife crime, county lines, CSE and Prevent › To identify support networks › To recognise how communities are affected		› Listening › Speaking › Staying Positive	
27	19 April	Social Action G	**Strategic Thinking: A Debate Session (2)** › Community ***Revisit 5: Digital Safety***	› To develop strategic thinking by forming and evaluating arguments on community-based issues. › To empower students in expressing ideas while respecting different viewpoints › To recognise the importance of community involvement in decision-making and problem-solving		› Listening › Speaking › Staying Positive	**Earth Day – 22nd April** **National Stephen Lawrence Day – 22nd April**
28	26 April	☆	**Teach the Teacher: Healthy Relationships** › Sexual health › AI-Misinformation/ Disinformation- Pornography › Student presentation on topic knowledge	› To recognise & share existing knowledge of healthy relationships, including respect, consent, and boundaries, through student-led teaching › To demonstrate understanding of sexual health and informed decision-making when presenting to peers › To explore and communicate awareness of AI misinformation/ disinformation and the influence on relationships		› Listening › Speaking › Teamwork	**Local & Community History Month**
29	3 May	G	**Youth Social Action 1** › Volunteering in the Community › Plan	› To recognise the value of youth social action and community volunteering through shared knowledge and planning › To develop ideas for effective volunteering projects that support local community needs › To plan and organise a structured social action activity as part of a team		› Listening › Speaking › Teamwork › Leadership › Creativity	
30	10 May	Social Action G	**Youth Social Action 2** › Implement	› To develop collaboration skills › To implement community volunteering project › To raise awareness to others on chosen area		› Listening › Speaking › Teamwork › Leadership › Creativity	
31	17 May	G Social Action	**Youth Social Action 3** › Reflect	› To reflect on the impact of your community volunteering Youth Social Action project		› Listening › Speaking	**World Day for Cultural Diversity Dialogue & Development – 21st May**
32	24 May		**Sustainability** ***Revisit 6: Healthy Relationships***	› To share existing knowledge of sustainability and its importance for the environment and future generations › To recognise key issues such as climate change, resource use, and reducing environmental impact › To develop ideas and actions that support more sustainable choices in everyday life and the community		› Listening › Speaking	

Half Term Break

Level 3 Y2 - Personal Development (PD)
Scheme of Work 26/27

Term 6 – Beyond

Week	W/C	Mandatory Topics	Topic	Intended Outcomes	Work Ready Tracker	Skills I will develop from this session	National Awareness Days/Weeks/Months
33	7 June	G	**Essential Life Skills – How to Cook** › Cooking basic healthy dishes › Make your own recipe cards ***Revisit 7: End of Year PD Topic Revsit***	› Recognise the importance of basic cooking skills › Share and discuss simple, affordable recipes and meal planning tips › To develop basic cooking skills		› Aiming high › Listening › Speaking › Creativity	**Pride Month** **World Environment Day - 5th June**
34	14 June	G	**Essential Life Skills – How to Budget** › Budget your recipe cards › Food shop Challenge	› To recognise the fundamentals of creating and managing a personal budget › To recognise real-life financial scenarios and challenges › To develop awareness of tools and habits		› Listening › Speaking › Problem Solving	**World Refugee Day - 20th June**
35	21 June	G	**Personal Development 1 to 1** **Enrichment** **Stop the Tracks Week**	› Time to reflect on your year and update of your Grofar in creation of your digital CV › Specific time allocated to you to engage in a pastoral 1-1 & at least 3 activities relevant to personal development- see timetable guidance provided at the time to book on		› Creativity › Problem Solving › Teamwork › Leadership	

Areas of PD	Careers	Employer Encounter	Youth Social Action	Enrichment	World Awareness	Health & Wellbeing	Work Experience
Token Colour							



KEY:

- Mandatory Topics
- Log on Grofar
- Youth Social Action Project
- College Wide Digital Badge